



香港中文大學崇基學院

Chung Chi College, The Chinese University of Hong Kong

青年領袖獎

Young Leaders Award

企業合作伙伴 Corporate Partners



大華銀行 UOB
第一屆 First Cohort



健康長久好生活

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AIA International Limited
第二屆 Second Cohort



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第三屆 Third Cohort

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前言 Foreword



陳德霖博士 Dr. Chan Tak Lam Norman

崇基學院校董會主席

Chair, Board of Trustees, Chung Chi College

崇基學院一直秉持「止於至善」的校訓，以傳承「崇基精神」為使命，致力培養學生具備「文武雙全、德才兼備、靈性修為」的卓越品格。換言之，崇基不僅追求學生的學術成就，更注重塑造其良好的價值觀，培養明辨是非的知識分子，為社會與國家作出貢獻。青年領袖獎正呼應學院的發展願景，旨在通過一系列精心設計的培訓項目，裝備學生成為全面的新時代領袖。我欣喜地見證參與學生在計劃中成長蛻變，藉由各種領袖交流、機構實習及社會服務體驗，逐漸成為獨當一面、成熟穩重的領袖人才。我衷心期望學院能與更多機構攜手合作，持續推動全人教育，培育品德高尚、才華出眾的未來領袖！

Chung Chi College has long upheld the motto "In Pursuit of Excellence" and embraced the mission of passing down the "Chung Chi Spirit", dedicated to cultivating students with the attributes of "Excellence in Academics and Sports", "Cultivation of Virtue and Talents" and "Spirituality Enhancement". In other words, Chung Chi not only strives for academic excellence but also emphasizes fostering students' upright values, nurturing discerning intellectuals who contribute meaningfully to society and the nation. The Young Leaders Award aligns with the College's vision, aiming to equip students to become well-rounded leaders of the new era through a series of meticulously designed training programmes. I am delighted to witness the transformation of participating students, who, through diverse leader exchanges, institutional internships, and community service experiences, gradually emerge as independent, mature, and poised leaders. I sincerely hope the College will deepen collaborations with more organizations to promote holistic education, nurturing future leaders with noble character and exceptional talent!



關美寶教授 Professor Kwan Mei Po

崇基學院院長

Head, Chung Chi College

年輕人是社會的中堅力量，他們的成長承載著無限可能，塑造著世界的明天。有見及此，崇基學院特別設立青年領袖獎，希望透過此計劃助力新世代突破自我邊界，激發創新精神，為社會帶來積極變革。得獎學生除了有機會為知名企業的高層管理人員籌辦講座，還能在頂尖機構進行實習，並籌劃社區服務項目。通過這些多元的學習經驗和歷練，他們將培養出領袖應有的特質與風範。我謹代表學院祝福所有得獎者學有所成，並在各自的領域中綻放光芒，未來成為具遠見與擔當的領袖，引領社會邁向更繁榮的未來！

Young people are the backbone of society, their growth carrying infinite possibilities and shaping the world of tomorrow. With this in mind, Chung Chi College has established the Young Leaders Award to support the new generation in breaking through their limits, sparking innovation, and driving positive change in society. Award recipients will have the opportunity to organize talks for senior executives of renowned companies, intern at top institutions, and spearhead impactful community service initiatives. Through these diverse learning experiences and practical training, they will cultivate the qualities and demeanor of true leaders. On behalf of the College, I extend my heartfelt congratulations to all awardees, wishing them success in their studies and brilliance in their respective fields, as they grow into visionary and responsible leaders, guiding society toward a more prosperous future!



伍燕儀女士 Ms. Ng Yin Yee Angel

崇基學院校董暨崇基學院獎學金及獎項專責小組召集人

Trustee and Convenor of Task Force
on Revamping of Scholarships and Award Regime, Chung Chi College

我們深信領袖才能絕非天生，而是在實踐中淬煉而成的。真正的領導能力無法單靠課堂學習或書本知識獲得，而是需要透過實踐累積經驗，在挑戰中不斷成長。青年領袖獎的核心價值，不僅在於提供豐厚的獎學金，更在於為得獎學生打造為期三年的深度學習旅程。在此過程中，學生將與各領域的傑出領袖深入交流，透過這種「跟師傅」的學習模式，從觀摩實踐、嘗試探索、聆聽反饋，到融會貫通，然後自成一家，一對一盡得真傳。我們期待每一位參與者能透過此計劃成為引領時代的棟樑之才，為香港社會的發展貢獻力量。

We firmly believe that leadership is not innate but forged through practice and perseverance. True leadership cannot be acquired solely through classroom learning or textbooks; it requires accumulating experience through hands-on engagement and growing through challenges. The core value of the Young Leaders Award lies not only in providing generous scholarships but also in crafting a three-year transformative learning journey for awardees. During this process, students engage deeply with distinguished leaders from various fields, adopting a mentorship model that guides them through observation, exploration, feedback, and integration, ultimately enabling them to develop their unique leadership style under personalized guidance. We aspire for every participant to emerge from this programme as a visionary pillar of society, contributing significantly to the development of Hong Kong.

崇基學院 Chung Chi College



3,700⁺
學生 Students



370⁺
老師 Teachers



30,000⁺
校友 Alumni



崇基學院創立於 1951 年，由香港基督教教會代表共同興辦，並於 1963 年成為香港中文大學成員書院之一。崇基繼承過往國內十三所基督教大學辦學使命，溝通中西文明，弘揚真理學術。創校七十多年來，崇基學院致力推動全人教育，為本港培育逾三萬學子。

面對新時代轉變，崇基秉持「止於至善」校訓，發展同學「文武雙全」的能力，學業精進不懈，鍛鍊強健體魄；培養同學「德才兼備」的素質，體會民胞物與，注重誠信操守；孕育同學「靈性修為」的智慧，感悟人生真諦，始終力求圓滿。



Chung Chi College was founded in October 1951 by the representatives of Protestant Churches in Hong Kong and was incorporated as one of the three foundation Colleges of The Chinese University of Hong Kong in 1963. The College aimed to continue the long and rich educational tradition of the 13 former Christian Colleges and Universities in mainland China, bridging Eastern and Western cultures and promoting the pursuit of truth and scholarship. Chung Chi College is dedicated to promoting whole-person education and has nurtured over 30,000 Chung Chi-ers over the more than 70 years since its founding.

Facing the changes of a new era, Chung Chi upholds the motto "In Pursuit of Excellence", developing students' abilities to achieve "Excellence in Academics and Sports", excelling in their studies while maintaining good physical health. The College also fosters the "Cultivation of Virtue and Talents", demonstrating ethical conduct and sound values. Through nurturing "Spirituality Enhancement", the College develops students' talents and enhances their spiritual intelligence, allowing them to understand the true meaning of life and the pursuit of excellence.

青年領袖獎 Young Leaders Award

崇基學院於 2023/24 學年推出「青年領袖獎」，旨在嘉勉學業成績及各方面表現傑出的崇基學生，為瞬息萬變的社會培育具備「文武雙全、德才兼備、靈性修為」的新一代領袖人才。



To cultivate talents with the attributes of "Excellence in Academics and Sports", "Cultivation of Virtue and Talents" and "Spirituality Enhancement" for the rapidly changing society, Chung Chi College has launched the "Young Leaders Award" since the 2023/24 academic year to commend Chung Chi students who have outstanding performance in academics and various aspects.



領航者論壇 C-Suite Dialogue Series

第一屆 First Cohort

葉楊詩明女士 Mrs. Christine Ip
大華銀行大中華區行政總裁
CEO - Greater China, UOB



陳早標先生 Mr. Eric Chan
香港新聞博覽館有限公司董事
Director of Hong Kong News-Expo Limited



侯迅女士 Ms. Christina Hau
冠君產業信託行政總裁
CEO & Executive Director of Champion REIT



林智剛先生 Mr. Lawrence Lam
保誠保險有限公司行政總裁
CEO of Prudential Hong Kong Limited



譚紫樺女士，太平紳士 Ms. Angelique Tam, JP
香港戒毒會總幹事
Executive Director of The Society For the Aid And
Rehabilitation of Drug Abusers



黃子遜女士，太平紳士 Ms. Winnie Wong, JP
亞洲保險有限公司、安我保險有限公司行政總裁兼執行董事
CEO & Executive Director of Asia Insurance Co., Ltd and
Avo Insurance Co., Ltd.



任景信先生，太平紳士 Mr. Peter Yan, JP
引進重點企業辦公室主任
Director-General of Office for Attracting Strategic Enterprises



翁振國先生 Mr. Derek Yung
聯博證券投資信託股份有限公司董事長
Chairman of AllianceBernstein Investment Taiwan Limited



匯聚各行業頂尖高管，與青年領袖展開深度對話，分享戰略思維、行業洞察與成功之道，激發未來領航者的成長與突破。

Bringing together top executives from diverse industries, the C-Suite Dialogue Series fosters in-depth conversations with emerging young leaders, sharing strategic thinking, industry insights, and pathways to success—inspiring the growth and breakthroughs of tomorrow's trailblazers.

第二屆 Second Cohort

馮偉昌先生 **Mr. Alger Fung**

友邦香港及澳門首席執行官

Chief Executive Officer, AIA Hong Kong & Macau



陳樹偉先生 **Mr. Jimmy Chan**

域思集團創辦人及行政總裁

Founder and CEO of Vizz Digital Group



莊芷坤女士 **Ms. Jacqueline Chong**

亞馬遜雲端科技數位化創新高級經理

Head of Digital and Sustainability Innovation



江碧彤女士 **Ms. Vicky Kong**

花旗銀行（香港）有限公司總裁；花旗集團北亞及澳洲地區財富主管

Chief Executive of Citibank (Hong Kong) Limited and Head of Wealth and Asia North and Australia Cluster, Citi



王維基先生 **Mr. Ricky Wong**

香港科技探索有限公司集團行政總裁

Group Chief Executive Officer,
Hong Kong Technology Venture Company Limited



青年領袖啟航計劃

Youth Leadership Launchpad

獎學金 Scholarship

首年 First Year

10 名入選學生每人獲得港幣 5 萬元獎勵

HKD 50,000 would be awarded to each of the 10 selected students

第二年和第三年 Second and Third Year

學生如符合既定要求可獲續獎

The award is renewable if the student meets the award renewal requirements

領袖交流 Leadership Exchange

透過舉辦企業家對談講座，獲取與企業管理層單對單交流之機會，從中汲取寶貴經驗及真知灼見，擴闊視野。

Through organizing Leadership Speaker Series talks, students engage in one-to-one fireside chats with C-suite executives, from which they can gain valuable experience, insights, and broaden their horizons.

影子實習 Job Shadowing

透過與高級管理人員進行影子實習，全方位了解企業決策過程及運作模式，培養領導才能。

By engaging in job shadowing with senior management, students gain a comprehensive understanding of the corporate decision-making process and operation mode, cultivating their leadership skills.

機構實習 Internship in Organization

得獎學生有機會參加暑期實習生培訓計劃和管理培訓生計劃，提升職場競爭力。

Awardees are provided with summer internship training and management trainee programmes to enhance their workplace competitiveness.

學長指導 Mentor Guidance

配對一位行業領袖作為個人導師，於計劃期間提供貼身指導和建議。

Each student is matched an industry leader as a personal mentor to provide close guidance and advice during the programme.

社會服務體驗 Social Service Experience

獲獎學生需根據自訂的主題，如「多元與包容」，為中大社群設計和組織服務項目。他們亦會在暑假期間前往非政府組織實習，為社區提供服務，回饋社會。

Award-winning students are required to design and organize service projects for the University community based on self-defined themes, such as "Diversity & Inclusion". They will also intern at non-governmental organizations during the summer, providing services to the community and giving back to society.

項目統籌 Project Coordination

藉由統籌各項活動及計劃，訓練學生的組織和協作能力，裝備他們靈活應對未來挑戰。

By coordinating various activities and programmes, students will develop their organizational and collaborative skills, equipping them to respond flexibly to future challenges.

得獎學生分享 Award Winners' Stories

第一屆得獎者 Awardees of the First Cohort

鄭綽倫 Cheng Cheuk Lun Marcus

生物科技、創業與醫療管理

Biotechnology, Entrepreneurship and Healthcare

青年領袖獎最珍貴之處，在於它提供學術以外的學習和技能發展的機會。籌備領袖演講系列期間，我不僅需要與嘉賓一起商討訪問內容，還要為活動處理各種宣傳和後勤工作。從中，我學到儘管事前準備至關重要，但靈活應變的能力同樣不可或缺。實習期間，我透過接觸不同項目，深入了解社會各界的需要，同時也在工作中提升了創造力與分析能力。

The most valuable aspect of the Young Leaders Award is the opportunity it provides for learning and skill development beyond academics. During the preparation of the Leadership Speaker Series talk, I not only had to discuss interview content with the guest but also handle various promotional and logistical tasks for the event. I learned that while thorough preparation is crucial, the ability to adapt and respond flexibly is equally indispensable. During my internship, by engaging with different projects, I gained a deeper understanding of the needs across various sectors of society, while also enhancing my creativity and analytical skills through my work.



張首春 Cheung Sau Chun Richard

內外全科醫學士課程 M.B., Ch.B.

青年領袖獎無疑是推動我達致全人發展的一個獎項，更讓我從中學學習到當代年青人在待人處事上應有的技能與特質。從領袖演講系列的主講嘉賓及個人導師身上，我學習到即使身為具影響力的領袖，也應和藹待人，令團隊中不同背景的成員也能和睦共事。而於社企實習中，我更探索到自己未曾探知的領域，從中反思自己如何為社會的少數群體貢獻自己的一分力。

The Young Leaders Award is undoubtedly a thrust that has driven me towards holistic and all-round development, allowing me to learn the skills and qualities that youngsters nowadays should acquire. From the keynote speaker in the Leadership Speaker Series talk and my personal mentor, I learned that even as an influential leader, one should treat others kindly to ensure that team members from all walks of life can work harmoniously together. Additionally, during my internship at a social enterprise, I explored areas I had never delved into before, and it inspired me to think about how my abilities could contribute to minority groups in our society.



高兆廷 Ko Siu Ting Oneal 數學 Mathematics

衷心感謝崇基學院及大華銀行的支持，提供了青年領袖獎這個學習平台，讓我能有人際關係及活動策劃多方面有所成長。其中，我有幸得到魏敬國學長的指導，一起參加學院活動和籌辦領袖講座，使我在待人接物和細節處理上更加成熟。此外，我亦在暑假期間去到香港社會服務聯會的「照護食」工作小組進行實習，進一步了解到不同社群的需要，對各社會議題有更多的關注與反思。我期盼未來能參與更多此類活動，繼續拓展自我，回饋社會。

I am deeply grateful for the honor of receiving the Young Leaders Award, an invaluable learning platform supported by Chung Chi College and United Overseas Bank. This experience significantly enhanced my interpersonal skills and event planning abilities. I would also like to extend my heartfelt gratitude to my mentor Anthony Ngai for his guidance. Through our collaboration in College activities and the Leadership Speaker Series talk, my interpersonal skills and attention to detail improved. During the summer, I interned at the Care Food Working Group in the Hong Kong Council of Social Service, which has provided me with deeper insights into the needs of diverse communities and heightened my awareness of various social issues. I am eager to pursue similar opportunities in the future to further my personal growth and make meaningful contributions to society.



郭呈恩 Kwok Chung Yan Eunice 心理學 Psychology

青年領袖獎為我提供很多面向的學習。透過主持領袖演講系列，我從演講嘉賓身上汲取了不少人生經驗，讓我更透徹地反思自己的發展方向。而在社會機構的實習，我除了有機會接觸全港性的大型計劃，更參與了一些以個人為本的活動。這些經歷都讓我對社會服務開展全新的視野和想法，看見機構的服務皆與時並進，更體會從事服務社會的真誠態度。

The Young Leaders Award has provided me with multi-dimensional learning experiences. Through organizing the Leadership Speakers Series talk, I gained deep insights into the experiences from the guest speaker, which allowed me to reflect more thoroughly on my own future directions. During my internship at an NGO, I was involved in planning and executing programmes that ranged from large-scale initiatives across Hong Kong to activities focused on individuals, using a human-centred approach. This experience has opened up new perspectives and ideas about social services, highlighting how organizations adapt their services to the times, and it has deepened my understanding of the sincerity required in providing service.



黎靖妤 Lai Ching Ue Elita

工商管理學士（工商管理學士綜合課程）及法律博士
雙學位

**Double Degree Programme of Bachelor of
Business Administration (Integrated BBA
Programme) and Juris Doctor**

在青年領袖獎的旅程中，我獲得了寶貴的學習經驗。我很高興能夠組織領袖演講系列講座，並與聯博投信董事長翁振國先生合作，聆聽他對全球市場的見解和資產管理經歷，讓我受益匪淺。其次，通過於大華銀行實習，我實際體驗了金融行業的運作，提升了自己的專業技能。最值得一提的是，學長的指導讓我在面對挑戰時更加自信，也讓我對未來的學習與成長充滿期待。

Through my participation in the Young Leaders Award, I gained invaluable experiences that shaped my personal and professional growth. I was thrilled to organize the Leadership Speaker Series talk and collaborate with Mr. Derek Yung, Chairman of AllianceBernstein Taiwan. Listening to his insights on the global market and experiences in asset management was incredibly beneficial for me. Additionally, my internship at United Overseas Bank allowed me to experience the operations of the financial industry firsthand, enhancing my professional skills. Above all, the mentorship I received was transformative—it strengthened my confidence in overcoming challenges and fueled my excitement for future learning opportunities.

劉忻摯 Lau Yan Chi Emily

內外全科醫學士課程 M.B., Ch.B.

青年領袖獎不僅是一個獎學金，更是一個成長的機會。在組織領袖演講系列講座期間，我除了掌握到管理和組織活動的技能，更主持與崇基學院校友陳早標校董的閒談，了解許多有關大學生活和職業道路的見解。而在大華銀行實習的時候，我學到了各種有關商業領域、銀行結構等的知識，亦認識了許多實習生和員工，擴闊了我的人際網絡。

The Young Leaders Award is not just a scholarship, but also an opportunity for me to grow in different aspects. In the Leadership Speakers Series talk, I not only gained skills in management and organizing activities, but also had the chance to host a fireside chat with Mr. Eric Chan, alumnus and Trustee of Chung Chi College. Mr. Chan taught me a lot and shared numerous insights with me on both university life and career paths. During my internship at UOB, I acquired knowledge about various aspects of the business field and the banking structure. I also met many fellow interns and employees, which expanded my network of people.



倪海崙 Ngie Helen

能源與環境工程學

Energy and Environmental Engineering

青年領袖獎有別於一般的大學獎學金，得獎者除了可以獲得經濟上的支持，最難得的可以獲得寶貴的學習機會，為我們的大學生活添上色彩。我主持了領袖演講系列的其中一場講座，從前期的活動策劃，到後來與各部門的合作，整個過程都使我不斷學習和進步。此外，我亦獲得人生第一次為期兩個月的實習機會。是次實習不僅加深了我對社福機構的了解，也提升了我的溝通能力、會計和數位行銷技能。未來的我定會不忘初心繼續向着自己的目標前行，不負大家對我的栽培。

The Young Leaders Award distinguishes itself from traditional university scholarships through its comprehensive approach to student development. Beyond financial assistance, the programme offers invaluable professional development opportunities. I hosted one of the Leadership Speaker Series talks, which has provided substantial insights into event management, interdepartmental collaboration, and professional communication. Furthermore, I got my first two-month internship opportunity in the Hong Kong Council of Social Service. This internship not only deepened my understanding of social welfare organizations, but also improved my communication skills, accounting and digital marketing skills. In the future, I will never forget my original intention and continue to move towards my goal.

田晞彤 Tin Sammi

專業會計學 Professional Accountancy

青年領袖獎是我獲得過最有價值的獎學金。除了豐厚的財務支持，它為我提供的各種獨特的成長機會。作為第一位得獎者主持領袖演講系列，我學習到如何準備活動的前期工作，亦提升了自己的組織能力。這個獎項讓我認識到經驗豐富的專業人士，他們的專業指導讓我好好裝備自己，發掘更多個人潛能和機會。此外，我亦參與了香港社會服務聯會的實習，期間深入了解社福機構架構和運作模式，並累積了有關計劃推廣及資訊科技的工作經驗。

The Young Leaders Award is the most rewarding scholarship I have ever received. In addition to the generous financial support, it provides me with a variety of unique growth opportunities. As the first young leader to host the Leadership Speakers Series talk, I dedicated a great deal of time to ensuring that everything was well-planned. This award has allowed me to connect with seasoned professionals, from distinguished guests to experienced mentors, enabling me to engage in meaningful conversations and seek valuable advice from them. In addition, I interned at the Hong Kong Council of Social Service, where I gained in-depth knowledge of the organization's structure and operations. I also accumulated practical experience in programme promotion and information technology-related work.



第二屆得獎者 Awardees of the Second Cohort

陳樂澄 Chan Lok Ching Hayley 地球與環境科學 Earth and Environmental Sciences

衷心感謝崇基學院授予我這份殊榮，讓我有機會參與一系列培訓活動，與專業人士交流並獲得寶貴的建議。這些經歷不僅讓我在思想和行為上更成熟，也讓我學會如何與人合作，並勇於表達自我。此外，計劃還為我們每位得獎者安排了一對一的學長指導。在與學長的交流中，我不僅汲取了學術與職業發展上的寶貴經驗，還領悟了許多人生道理。作為一名長期參與義工服務的人，我深信青年領袖獎是一個讓我突破自我、發現自身價值的重要途徑，並激勵我更加積極地投入社會，貢獻自己的力量。

I would like to express my heartfelt gratitude to Chung Chi College for bestowing this honor upon me, granting me the opportunity to participate in a series of training activities and engage with professionals, from whom I have gained invaluable advice. These experiences have not only helped me mature in both thought and behavior but have also taught me how to collaborate effectively with others and express myself with confidence. Additionally, the programme arranged one-on-one mentorship for each awardee. Through my interactions with my mentor, I have gained profound insights into academic and career development, as well as life lessons that have deeply inspired me. As someone who has long been involved in volunteer work, I firmly believe that the Young Leaders Award is a significant pathway for me to break through my limits, discover my true value, and be further motivated to contribute to society and make a meaningful impact.

陳弘望 Chan Wang Mong Tikvah 內外全科醫學士課程 M.B., Ch.B.

在參與青年領袖獎的過程中，我收穫了豐富的學習經歷與個人成長。從學長身上，我不僅學習到如何更有效地制定目標和實現計劃，還深刻理解到領導力的核心價值——以身作則和影響他人。此外，我非常期待未來參與領袖演講系列、機構實習及社會服務體驗，這些活動將有效提升我的視野與能力，幫助我成為一名具備責任感和社會使命的青年領袖。我相信，這個計劃不僅能強化我的個人技能，還將塑造我以更成熟的心態面對挑戰，並在未來為社會帶來積極影響。

Participating in the Young Leaders Award programme has been a transformative journey, profoundly contributing to my personal and leadership development. From my mentor, I not only learned how to set goals and implement plans more effectively, but also gained a deep understanding of the core values of leadership—leading by example and influencing others. I am particularly excited about the upcoming leadership talk, internships, and community service opportunities, which I believe will broaden my horizons, refine my skills, and deepen my understanding of societal needs. This programme is moulding me into a responsible, empathetic, and socially conscious leader, equipping me with the confidence and competence to tackle future challenges and make a meaningful impact on society.



莊清皓 Chaung Ching Ho Lawrence 環球商業學 Global Business Studies

十分榮幸能獲得青年領袖獎，在計劃剛展開不久，我已深深感受到崇基師長們的關懷與支持。學長羅貴義先生給了我不少學習和職涯上的指導，令我獲益匪淺；他還分享了昔日在崇基的點滴，讓我更了解學院的歷史與精神。我亦積極籌備領袖演講系列，邀請了陳樹偉校友擔任演講嘉賓。在與他的對談中，我不僅了解到創業的實際情況，也領受了他對年輕人的勉勵，更藉此鍛鍊了公開演講的技巧。展望未來兩年，我期待能與更多師長及業界領袖互動，從他們身上學習，培養自己成為一位見識廣博、胸懷遠見的青年領袖。

I am deeply honored to receive the Young Leaders Award. Shortly after the programme began, I already felt the genuine care and support from the faculty, mentors and staff at Chung Chi College. My mentor Mr. Peter Law provided me with valuable guidance on my studies and career, from which I benefited greatly. He also shared his memories of his time at Chung Chi, giving me a deeper understanding of the College's history and spirit. I also actively prepared for the leadership talk, inviting alumnus Mr. Jimmy Chan as a guest speaker. Through my conversation with him, I not only gained insights into the realities of entrepreneurship but also received his encouragement for young people. This experience further honed my public speaking skills. Looking ahead, I am eager to engage with more College members and industry leaders, draw inspiration from their experiences, and further develop myself into a well-rounded and forward-thinking young leader.



趙旻玥 Chiu Man Yuet Luna 內外全科醫學士課程 M.B., Ch.B.

青年領袖獎為我的大學生活帶來全新的視角。透過與導師的深度交流，我不僅突破醫學專業的框架，更從他們的領導經驗中學習到寶貴的見解。首屆學長們無私分享籌辦領袖講座的實務技巧，讓我掌握活動策劃的要訣，也深刻理解團隊合作與執行力的重要性。展望未來，我期待在企業實習與社會服務中累積經驗，進一步培養自己的領導能力。我將繼續以崇基學院「止於至善」的校訓為自勉，在專業與個人成長上精益求精。

The Young Leaders Award has given me a fresh perspective on university life. Through in-depth discussions with mentors, I have not only broadened my outlook beyond the confines of medical studies but also gained invaluable insights from their leadership experiences. The pioneering seniors generously shared practical event-planning skills from organizing the leadership talks, helping me grasp the essentials of project execution while deepening my understanding for teamwork and effective implementation. Looking ahead, I am eager to further develop my leadership abilities through upcoming internships and community service. Guided by Chung Chi College's motto of "In Pursuit of Excellence", I will continue pushing myself to excel—both professionally and personally.



郭寓熾 Kwok Chun Hei Andison
內外全科醫學士課程 M.B., Ch.B.

我很榮幸能夠獲得青年領袖獎。這個獎項不僅讓我與志同道合的同輩合作，更讓我與不同領域的專業人士建立聯繫，並獲得學長的寶貴指導。這些獨特的經歷豐富了我的校園生活，並大幅提升了我的領導能力。而在籌備領袖演講系列的過程中，我深入學習了活動策劃的細節，更有幸與多位傑出嘉賓建立聯繫。演講嘉賓分享了她的領導經驗，讓我深刻反思成為一名成功領導者所需具備的核心條件，獲益良多。

I am truly grateful to receive the Young Leaders Award. It has provided me with numerous opportunities, including collaborating with like-minded peers, connecting with professionals across various fields and obtaining invaluable guidance from my mentor. Not only have these experiences enriched my university life, but also significantly enhanced my leadership skills. During the preparation of the Leadership Speakers Series talk, I delved into the details of event planning and had the privilege of establishing connections with several distinguished guests. Our guest speaker delivered inspiring insights that prompted me to reflect on the essential qualities and attributes for becoming a successful leader. This experience was immensely rewarding and enlightening.



李嘉琳 Lee Ka Lam Kelly
計量金融學及風險管理科學
Quantitative Finance and
Risk Management Science

有幸獲獎至今，透過青年領袖獎，我得到很多寶貴的成長和學習機會。在生涯規劃方面，與一位在金融界有豐富經驗的學長配對讓我受益匪淺。除了關於行業狀況等實用資訊外，學長更為我提供很多大學生活的建議，鼓勵我把握時間擴闊眼界，從中確立自己的熱情和人生觀。在籌備領袖演講的過程中，我不僅提升了組織與協調能力，更透過與領袖的深度對話，對領導力的核心要素與成功的關鍵有了更深刻且全面的體悟。

Since being honored with the award, the Young Leaders Award has provided me with numerous invaluable opportunities for growth and learning. In terms of career planning, I was paired with a mentor who has extensive experience in the finance industry, and this mentorship has been incredibly beneficial. In addition to practical information about the industry, my mentor offered me a lot of advice about university life, encouraging me to seize the time to broaden my horizons and discover my passions and worldview. During the preparation of the Leadership Speaker Series talk, I not only enhanced my organizational and coordination skills, but also gained a deeper and more comprehensive understanding of the core elements of leadership and the key factors for success through in-depth conversations with the speaker.



柯柏豪 Or Pak Ho Jerry

中國語文研究及中國語文教育

Chinese Language Studies and Chinese Language Education

榮獲崇基學院極具聲望的青年領袖獎，令我既倍感榮幸，亦深知責任重大。在籌備領袖講座系列的過程中，我與夥伴們相互啟發、切磋琢磨，通過團隊合作解決難題，獲益良多。透過與學長及上屆得獎者的交流，我不僅對職涯規劃有了更清晰的藍圖，更深刻體會到此獎項的精神。展望今後，我定繼續竭盡所能，臻於至善，迎接每一個試煉。

Receiving Chung Chi College's prestigious Young Leaders Award fills me with both immense honor and a profound sense of responsibility. While organizing the Leadership Speaker Series talk, my teammates and I inspired each other through thoughtful collaboration, turning challenges into valuable learning opportunities through our teamwork. My interactions with mentors and past award recipients have not only given me clearer career direction, but more importantly, have deepened my understanding of the Award's spirit. Looking ahead, I am committed to pursuing excellence with unwavering dedication, embracing every challenge as an opportunity for growth.



王苑琪 Wong Yuen Kei Sylvia

內外全科醫學士課程 M.B., Ch.B.

我很感恩能夠獲得青年領袖獎，這不僅是對我過去全人發展的肯定，更為我的大學生涯奠定了重要的里程碑。此獎項精心設計了一系列培訓活動，培養我成為一位全面發展的行業領袖。透過與學長的互動，我學會了謙遜地聆聽和回應他人，亦提高了我的社交技巧與應對能力。展望未來，我期待透過主持領袖演講系列，累積籌辦大型活動的經驗，並從行業領袖豐富的人生閱歷中汲取建議，促使我不斷精進自我，發掘更多潛能。

I am gratified to have received the Young Leaders Award, which recognised my all-round development in the past and marked a pivotal milestone in my university life. The programme designs a series of training events, nurturing me to become a well-rounded industrial professional. Through interactions with my mentor, I have learned to listen and respond to others with humility, while also enhancing my social skills and ability to adapt. Looking ahead, I am eager to accumulate experience in organizing large-scale events by hosting the Leadership Speaker Series talk, and to draw valuable advice from the rich life experiences of industry leaders. This will drive me to continually refine myself and unlock even greater potential.



楊喜喆 Yeung Hei Chit Jaden 內外全科醫學士課程 M.B., Ch.B.

籌備並主持領袖演講系列是我參與青年領袖獎計劃最難忘的經歷之一。儘管缺乏相關經驗，我仍全心投入這項極具挑戰性的任務——從統籌整體流程到精心打磨細節，每一步都讓我獲益匪淺。在夥伴的協作與崇基職員的支持下，我不僅掌握了實用的策劃技巧，更體會到舉辦活動的成就感。當天與成功企業家的深度對談，更令我眼界大開。這段經歷讓我更加期待青年領袖獎未來提供的成長機會。

Preparing and hosting the Leadership Speaker Series talk was one of the most unforgettable experiences during my journey of Young Leaders Award. Despite lacking prior experience, I threw myself wholeheartedly into this challenging task—from coordinating the entire process to meticulously refining every detail, with each step proving immensely rewarding. With my team's collaboration and the support of Chung Chi staff, I not only gained practical planning skills but also felt the immense satisfaction of event execution. The in-depth dialogue with a successful entrepreneur that day truly broadened my horizons. This experience has made me more excited about the growth opportunities the Young Leaders Award will offer in the future.

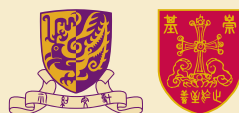


袁如心 Yuen Yu Sum Lucy 歷史 History

透過青年領袖獎，我認識到很多在各自的領域皆有所成就的同學和前輩。前輩們會給予我們關於領導才能的指導，教導我們如何應對各式各樣的困難。計劃的另一大重點是給予我們機會和社會領袖交流，學習他們的成功經驗，令我獲益良多。我期望在接下來的旅程可以有更多歷練的機會，讓我將所知所學應用到生活中，增值自己，成為一個文武雙全、德才兼備，且具備靈性修為的學生。

Through the Young Leaders Award, I have had the opportunity to meet many accomplished peers and mentors who have achieved success in their respective fields. These mentors have provided us with guidance on leadership skills, teaching us how to navigate various challenges. Another key aspect of the programme is the chance to interact with social leaders and learn from their success stories, which has greatly benefited me. I look forward to more opportunities for growth in the journey ahead, allowing me to apply what I have learned to real-life situations, further enriching myself to become a well-rounded student with the attributes of "Excellence in Academics and Sports", "Cultivation of Virtue and Talents" and "Spirituality Enhancement".





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